**Contingencies of Joy**

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Discussion Questions

***Slide #***

10. How do each of these people feel? How can you tell? What do you find joyful in this video?

23. Discuss contingencies that result in shared well-being. Give examples where all interaction partners fee happiness, delight, enjoyment. How can you tell?

23. What are some flags for coercive contingencies? Give examples when one or more people are experiencing coercion? How can you tell?

36. Describe the three components of the “Triad of Care”. Why are all three components important. Give at least two examples of how this might be addressed in another area of practice (working with teens, community groups, etc)

37. How does this look in comparison to the video on slide 10? What are the common “joyful” features? How can you tell? Think of one of your own communal joyful interactions. How can you say that it was joyful for you and the other people?

40. How does the concept of “joyfinders” relate to behavioral cusps?

42. Reflect on your levels of clinical expertise in different areas of practice and in joyfinding. Discuss with colleagues and friends.

49. Do you have a community of practice? What is the mission? What are you learning? Can you envision being part of a community of practice dedicated to increasing joy?

55. What are your valued outcomes in each of these areas? What are the valued outcomes of each of your closet friends? Are the same or different? Of a client/child/family that is from a very different culture/lived experience than you? Are they same of different? How does this relate to joy?

61. What are the key take home lessons of this talk? What gives you pause, is a tension or concerns you? What might you do differently as a result of this talk?

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